

5 Days to a Better School Year

Day 2

What time of the school day last year was the most draining or frustrating for you? When did you most often get angry or upset?

Examples: dismissal, after recess, bathroom breaks, center time

Why do you think this time of day was so frustrating for you?

Spend some time researching how other teachers set up routines and procedures for this time of day. Brainstorm some solutions below.

Choose a solution to try next year. Simple and sustainable is usually best. Write down what steps you need to take in order to try this out. Write out new procedures/routines that will help minimize the frustrations you felt. Think about how you will teach your students the new routines. What can you do now to prepare for this change?
